

The Apero



SEEDY CRACKERS

Crunchy and crispy these low-carb crackers are packed with seedy goodness and a perfect companion for your apéro drinks.

CHF 6-/Pack (110-120g)



CLASSIC HUMMUS

With pita bread, crackers of fresh veg, there's no better partner than this creamy, vegan chickpea spread.

CHF 6.5-/200g



MEDITERRANEAN QUICHE

Pesto, roasted tomatoes, olives and feta all in the loving embrace of buttery, flakey dough. colorful, tasty and fills the house with inviting aromas.

Mini-quische version available

Price dependant on amount



LABANEH

A middle-eastern specialty of tangy fresh cheese made of sheep or goat's milk yogurt. Goes well with either Zaathar or a mint and garlic sauce.

CHF 6.5-/150g



SEEDY ROLLS

Toppings aplenty on these seedy rolls which give them a nutty, toasty, crunchy crust while still staying nice and soft inside.

CHF 3-/Piece

CHF 12/500g



FIERCE SALSA

Chillies, coriander mint garlic and lemon, everything you need to spice up your taste-buds and make everything that little bit better.

CHF 8-/Pack (150g)



SPICY PEPPER SALAD

The middle-east meets Korea for this spicy red pepper salad where Gochujang sauce and coriander mix with pomegranate sirup for an explosion of fusion tastes and beautiful colors.

Price dependant on amount



CASHEW CREAM

I swear there are no dairy products in this vegan dip of a lovely blend of cashews, garlic, lemon and dill which will surprise even the biggest of sceptics.

CHF 8-/Pack (150g)

More salads and dips available upon request

